**OCR Living Skills 2019/2020**

**Alto / Stratus**

**Certificate in Life and Living Skills (E3) – 10171**

**115 GLH**

**13 credits (7 credits = E3)**

**Units to be covered:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Level** | **Unit Title** | **Credit** | **OCR Unit No.** | **GLH** |
| E3 | Managing Own Money | 2 | M30 | 20 |
| E3 | Healthy Living | 2 | M27 | 20 |
| E3 | Makin the most of leisure time | 2 | M29 | 20 |
| E3 | Intro to Diversity, Prejudice and Discrimination | 2 | M26 | 20 |
| E2 | Intro to Health and Safety at work | 2 | N08 | 20 |
| E2 | Developing Job Search Skills | 1 | N11 | 10 |
| E2 | Rights and Responsibilities at work | 1 | N10 | 10 |
| E2 | Preparation for work | 2 | N09 | 20 |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | Week 1 | Week 2 | Week 3 | Week 4 | Week 5 | Week 6 | Week 7 | Week 8 |
| Term 1 | OCR Introduction | Managing Own Money | Managing Own Money | Managing Own Money | Managing Own Money | Managing Own Money | Healthy Living /  Making Most of Leisure time | X |
| Term 2 | Healthy Living /  Making Most of Leisure time | Healthy Living /  Making Most of Leisure time | Healthy Living /  Making Most of Leisure time | Healthy Living /  Making Most of Leisure time | Healthy Living /  Making Most of Leisure time | Healthy Living /  Making Most of Leisure time | Healthy Living /  Making Most of Leisure time | Reviewing progress |
| Term 3 | Intro to Diversity, Prejudice and Discrimination | Intro to Diversity, Prejudice and Discrimination | Intro to Diversity, Prejudice and Discrimination | Intro to Diversity, Prejudice and Discrimination | Intro to Diversity, Prejudice and Discrimination | Intro to Diversity, Prejudice and Discrimination | X | X |
| Term 4 | Intro to Health and Safety at work | , Intro to Health and Safety at work | Intro to Health and Safety at work | Intro to Health and Safety at work | Intro to Health and Safety at work | Reviewing Progress | X | X |
| Term 5 | Developing Job Search Skills | Developing Job Search Skills | Developing Job Search Skills | Rights and Responsibilities at work | Rights and Responsibilities at work | X | X | X |
| Term 6 | Preparation for work | Preparation for work | Preparation for work | Preparation for work | Preparation for work | Reviewing progress | X | X |